

Ennstone 7 – 14 Feb 2010

A somewhat unusual distance of 7 miles, making it slightly longer the 'normal' 10k, but knowing how to pace for this was not completely unknown; in fact it wasn't that much different for a 10k. Moreover, the race was similar to the Telford 10k I did a few weeks beforehand in that it was set on the same muddy and gravelly paths and scenic walkways in Telford's green 'Wonderland' (yes, the area is called that!). The weather was kind in being predominantly sunny, though a little chilly. My time was 0:50:24, which including racing a fellow runner to the line, giving me 31st place of the 132 finishers, finishing incidentally just behind the 4th lady finisher; she wasn't the person I was racing but the other guy and I nearly caught her!